



Rio Tinto Alcan Nancy Greene Ski League  
North Okanagan Zone Race  
**E1 Dual GS/E2 Individual GS**  
**February 7, 2010**

**Schedule and Format:**

8:00 am Registration payment and race bib and pkg pick up  
Gate keeper and course workers meet  
8:15 am Coaches meeting  
8:45-9:30 am E1 course inspection  
9:45 am E1 race begins – two run Dual GS  
11:45-12:30 E2 course inspection  
12:45 pm E2 race begins – two run Individual GS  
3:45 pm Awards

- Fees:**
- \* \$25.00 per racer
  - \* Reduced price lift tickets will available for racers (50% off), parents and additional coaches (25% off) (at ticket booths; list of racers and additional coaches will be at the booths; parents need to have ID.
  - \* 1 complimentary ticket for coaches per 8 racers (these will be at the coaches meeting in the morning)
  - \* make sure you list all coaches attending and indicate the ones to be on the free and reduced tickets list.
  - \* Complimentary tickets will also be available for race helpers at the 8:15 am meeting.

**Entry:** Please submit your race entries on an excel spreadsheet by Monday, February 1<sup>st</sup> by email to [molder@telus.net](mailto:molder@telus.net). The following headings and information for competitors list are required:

E1 5 yr old boys  
E1 5 yr old girls  
E1 6 yr old boys  
E1 6 yr old girls  
E1 7 yr old boys  
E1 7 yr old girls  
E1 8 yr old boys  
E1 8 yr old girls

Name and birth year column for each category





E2 9 yr old boys  
E2 9 yr old girls  
E2 10 yr old boys  
E2 10 yr old girls  
E2 11 yr old boys  
E2 11 yr old girls

Name and birth year column for each category

E1 and E2 top 10 finishes in each category will earn points towards club award. All skiers get medals.

**Chief of Race: Todd Lenzi**

**Race volunteers:**

Please contact Karyn directly (course workers, timing, gate judges, etc)

**Any Questions:** Contact Karyn Molder, NG Coordinator at 250-837-2914 or [molder@telus.net](mailto:molder@telus.net)

We look forward to a fun event ~ hope to see you there!

